

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:00am Gratitude Cards - MM 10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 11:00am 1:1 DementiAbility Based Program - WP 2:00pm Bingo - CR Labour Day	9:00am Balloon Badminton-CG 9:00am Back to School Trivia - MM 10:00am Gratitude Cards - CG 10:00am Board games-MM 10:00am Group Exercise with Physio - WD 11:00am Ring Toss - WP 11:00am Card Making session-WP 2:00pm Name That Tune - MM 3:00pm 1:1 Friendly Visits - CG	9:00am Balloon Badminton - MM 10:00am Group Exercise with Physio - CP 10:00am Name That Tune - WP 11:00am Hand Massage - CG 3:00pm Chaplain Visits 3:30pm Group Exercise with Physio - MM	9:00am Safari Trivia-CG 9:00am Safari Pictures - MM 10:00am Ball toss-WP 10:00am Concentration - WP 10:00am Group Exercise with Physio - WP 11:00am DementiAbiliy Book Club - CG 11:00am Rendever VR-MM 2:00pm 1:1 DementiAbility Based Program - MM 3:00pm Safari-storytelling 3:00pm Safari Pictures - WP 3:00pm Hand Massages - WP National Wildlife Day	9:00am Bracelet Making-CG 10:00am Group Exercise with Physio - MM 11:00am Pass the ball-MM 2:00pm Bingo - CR 3:00pm Riddle me-WP 3:30pm Group Exercise with Physio - CG	10:00am Exercise - MM 11:00am Spa Treatments - WP 2:00pm Ice Cream Social - FL 3:00pm 1:1 Friendly Visits - CG
7	8	9	10	11	12	13
9:00am Jenga - MM 9:00am Rendever VR-MM 10:30am Church Service - CR 11:15am 1:1 Friendly Visits - WP 2:00pm Grandparents Day Bingo - FL Grandparent's Day	10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 2:00pm Bingo - CR 4:00pm Euchre-CG 6:00pm 1:1 Friendly Visits	9:00am Tee and Hammer - MM 10:00am Fall Unscrambled Words - CG 10:00am Group Exercise with Physio - WD 12:30pm BARBEQUE - MM 2:00pm Entertainment with Cameron Caton - CR 4:00pm Balloon Badminton-CG 6:00pm Manicures-WP 7:00pm 1:1 Visits-MM	10:00am Group Exercise with Physio - CP 10:00am Chaplain Visits 10:00am Anglican Church Service - CR 10:15am Ring Toss - MM 11:00am Rosary - CR 11:15am You Be The Judge - WP 2:00pm Treasure box Making-LK,CG 2:00pm Hymn Sing - CR 3:00pm Chaplain Visits 3:00pm Tablet - CG 3:30pm Group Exercise with Physio - MM 6:30pm 1:1 Friendly Visits	9:00am Balloon Badminton - MM 10:00am Group Exercise with Physio - WP 10:00am Tai Chi with George - CR 10:00am Sandwich Program - MM 2:00pm Back to School Photo Booth - CR 3:00pm 1:1 Friendly Visits - MM	10:00am Group Exercise with Physio - MM 10:00am Resident Council - CR 10:45am Food Council - CR 2:00pm Bingo - CR 3:00pm Card Games-CG 3:30pm Group Exercise with Physio - CG 6:00pm Spa Treatments-MM 7:00pm Bird watching-WP	2:00pm Ice Cream Social - FL 3:00pm Fishing Day Crafts-LK,CG
14	15	16	17	18	19	20
9:00am Rendever VR-CG 10:30am Church Service - CR 11:00am Bracelet Making-WP 1:30pm DMR Irish Dancers - CR 3:00pm Outdoor strolls-MM	10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 2:00pm Bingo - CR Resident Council Week Begins!	9:00am Jeopardy labs Trivia-WP 10:00am Euchre-CG 10:00am Yoga Drumming - MM 10:00am Group Exercise with Physio - WD 11:00am Tablet - WP 12:30pm Resident Council Luncheon - CR 2:00pm Stitch and Chat - CG 2:00pm Hand Massage-MM 3:00pm 1:1 Friendly Visits - MM 3:00pm Active Games-WP	9:00am Out-Door Stroll-WP 10:00am Group Exercise with Physio - CP 10:00am Name That Tune - MM 10:00am Chaplain Visits 10:00am Rendever VR-CG 11:00am Rosary - CR 11:00am St. Denis Communion/Mass - CR 11:15am Trivia - WP 2:00pm Hymn Sing - CR 3:00pm 1:1 DementiAbility Based Program-MM 3:00pm Chaplain Visits 3:30pm Group Exercise with Physio - MM	9:00am Arts and crafts-CG 10:00am Hula Hoop - MM 10:00am Group Exercise with Physio - WP 10:00am Exercise-WP 11:00am Limbo - WP 11:00am Scenic walks-MM 2:00pm Entertainment with David Anthony - CR 3:00pm 1:1 Friendly Visits	9:00am Bracelet making-MM 10:00am Card Games-CG 10:00am Group Exercise with Physio - MM 11:00am 1:1 DementiAbility Based Program-WP 2:00pm Trivia-CG 2:00pm Henley House Birthday Celebration - FL 3:00pm 1:1 Friendly Visits-MM 3:30pm Group Exercise with Physio - CG 7:05pm T Henley House 22nd Birthday!	10:00am Chair Zumba - WP 11:00am Outdoor Strolls - CG 2:00pm Ice Cream Social - FL 3:00pm 1:1 Friendly Visits - MM National Dance Day



Second Floor

September 2025

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
9:00am Spa Treatments - MM 10:30am Church Service - CR 11:00am Painting - WP 2:00pm Movie Matinee - CR	10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 2:00pm Bingo - CR 3:00pm Out-Door Stroll-WP 4:00pm Card Games-CG 6:00pm Active Games-MM 7:00pm 1:1 Friendly Visits First Day of Fall	9:00am Washer Toss - MM 10:00am Fall Leaf Craft - WP 10:00am Group Exercise with Physio - WD 2:00pm Button Art Collage-LP, WP 2:00pm Out-Door Stroll - MM 3:00pm 1:1 Friendly Visits - CG 3:30pm Smartboard-CG 6:00pm Manicures-MM 7:00pm 1:1 Friendly Visits	10:00am Balloon Badminton - MM 10:00am Group Exercise with Physio - CP 10:00am Chaplain Visits 11:00am Rosary - CR 11:15am Hand Massage - CG 2:00pm Hymn Sing - CR 2:15pm Bean Bag Toss - WP 3:00pm 1:1 Friendly Visits 3:00pm Fishing Day Crafts-LP,WP 3:00pm Chaplain Visits 3:30pm Group Exercise with Physio - MM 6:00pm Out-Door Stroll-WP 7:00pm 1:1 Friendly Visits	10:00am Concentration - MM 10:00am Group Exercise with Physio - WP 10:00am Tai Chi with George - CR 11:00am DementiAbility Book Club - CG 2:00pm Birthday Celebration with Pat Serre - CR	10:00am Group Exercise with Physio - MM 10:00am Intergenerational Program: Parachute Games - CR 2:00pm Bingo - CR 3:00pm Active Games-WP 3:30pm Group Exercise with Physio - CG 4:00pm Maple leaf painting-CG 6:00pm 1:1 DementiAbility reading program-MM 7:00pm 1:1 Friendly Visits	2:00pm Ice Cream Social - FL 3:00pm Fishing Photo Booth-CR 6:00pm Virtual Aquarium Tours-WP 7:00pm 1:1 Friendly Visits National Fishing Day
28	29	30				
8:00am Balloon Badminton-CG - Vari 10:30am Church Service - CR 3:00pm Bracelet Making-WP - Vari	9:00am Fall word search - MM 10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 11:00am DementiAbility Book Club - WP 2:00pm Bingo - CR	10:00am Yoga Drumming - CG 10:00am Group Exercise with Physio - WD 11:00am Stitch and Chat - WP 2:00pm Painting - MM 3:00pm 1:1 Friendly Visits - CG National Day for Truth and Reconciliation				

Vari - Various

Centennial Gardens = CG. Morningstar Mill = MM. Woodend Park = WP. Celebration Room = CR. Front Lobby= FL.

