

Second Floor

November 2025

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:15am Exercise - MM 10:15am Concentration - WP 11:15am Social Robots - CG 1:15pm Social Robots - WP 2:00pm Apple Cider Social - FL 3:15pm Card Games - CG 6:15pm Bean Bag Toss - WP 6:15pm Spa Treatments - WP 7:15pm 1:1 Jokes & Riddles - 2nd Floor The Giving Tree Begins: Help Support Community Care
2 9:15am Name That Tune - MM 10:30am Church Service - CR 11:15am Social Robots - WP 1:15pm Social Robots - WP 2:00pm Balloon Badminton - CG 2:15pm Poppy Craft - CG 3:00pm Tablet - MM 4:00pm DementiAbiliy Book Club - WP 6:15pm Manicures - MM 7:15pm 1:1 Friendly Visits - 2nd floor Daylight Savings Time Ends	3 9:15am Guess the Landmark MM 10:00am Group Exercise with Physio - CG 10:15am Card Games WP 11:30am Social Robots CG 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:00pm 1:1 Friendly Visits - WP 3:30pm Poppy Craft - WP 4:30pm Catch & Toss - CG 6:15pm 1:1 Friendly Visits - MM 7:15pm 1:1 Friendly Visits - WP	4 10:00am Group Exercise with Physio - WP 10:00am Meet and Greet with Chaplain Heather - CR 10:15am Community Crew Cards - WP 11:15am 1:1 Friendly Visits - CG 1:15pm Social Robots - WP 2:00pm Poppy Craft - MM 2:00pm DementiAbiliy Book Club - CG 3:00pm Spa Treatments - WP 3:15pm Ball Toss - MM 6:15pm 1:1 Hand Massage-WP 7:15pm 1:1 Friendly Visits - 2nd floor Chaplain on site.	5 9:15am Word Games - MM 10:00am Drumming with Yo - CR 10:00am Group Exercise with Physio - CP 10:15am DementiAbiliy Book Club - WP 11:00am Rosary - CR 11:15am Spa Treatments - CG 1:15pm Social Robots - WP 2:00pm Felt Crafts - WP 3:15pm Manicures - CG 3:30pm Group Exercise with Physio - MM 4:30pm Ring Toss - CG 6:15pm 1:1 Friendly Visits - CG 7:15pm 1:1 Friendly Visits - MM	6 9:15am Social Robots - MM 10:00am Group Exercise with Physio - WP 10:00am Resident Council - CR 10:15am Chair Zumba - WP 10:45am Food Council - CR 11:15am Tablet - CG 1:15pm Social Robots - WP 2:00pm Board Games & Cards Social - CR 4:00pm Active Games - CG 6:15pm 1:1 Tablet - MM 7:00pm 1:1 Friendly Visits - 2nd floor Chaplain on site.	7 9:15am Name That Sport - MM 10:00am Group Exercise with Physio - MM 10:15am Name that Sport Team - WP 11:15am Name The City of the Sports Team - CG 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:15pm Bean bag toss-WP 3:30pm Group Exercise with Physio - CG 4:00pm Indoor Strolls-MM 6:00pm Jersey colouring sheet-2nd floor 7:00pm 1:1 Friendly Visits-2nd floor National Jersey Day. Wear Your Favourite Team Attire!	8 9:15am Poppy Craft - MM 10:30am Gentle Chair Exercise - CG 11:15am Card Games WP 1:15pm Social Robots - WP 2:00pm Ice Cream Social - FL 3:00pm 1:1 Friendly Visits - CG 3:15pm Poppy crafts-MM 6:15pm Movie night-CR
9 9:15am Word Games CG 10:30am Church Service - CR 11:30am 1:1 Friendly Visits - MM 1:15pm Social Robots - WP 1:45pm Movie Matinee - CR 3:00pm Community Crew Cards - CG 4:00pm Pom Pom Craft - MM 6:00pm Fancy Nails - CG 7:00pm 1:1 Friendly Visits - WP	10 9:15am Balloon Badminton - MM 10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 11:15am DementiAbiliy Book Club - CG 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:15pm Community Crew Cards Craft - CG 6:15pm Poppy Craft - WP	11 9:15am Remembrance Day Word Search - MM 10:00am Group Exercise with Physio - WP 10:30am Remembrance Day Service - CR 1:15pm Social Robots - WP 2:00pm Entertainment with Brad Boland - CR 3:30pm Remembrance day Trivia-CG 6:10pm Balloon badminton-MM 7:00pm 1:1 Friendly Visits-2nd floor Remembrance Day Chaplain on site.	12 9:15am Tablet - MM 10:00am Group Exercise with Physio - CP 10:00am Anglican Church Service - CR 10:15am Daily Chronicles - CG 11:00am Rosary - CR 11:15am Social Robots - WP 1:15pm Social Robots - WP 2:00pm Tai Chi with George - CR 3:15pm Manicures - CG 3:30pm Group Exercise with Physio - MM 6:30pm 1:1 Friendly Visits- 2nd floor	13 10:00am Group Exercise with Physio - WP 10:00am Outing to Tim Hortons 1:15pm Social Robots - WP 4:00pm bean bag toss-CG 6:10pm Manicures-2nd floor 7:15pm Jokes & riddles-2nd floor Chaplain on site.	14 9:15am Music Trivia - MM 10:00am Group Exercise with Physio - MM 10:30am Tree Decorating - CR 11:30am Social Robots WP 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:30pm Catch & Toss - WP 3:30pm Group Exercise with Physio - CG 4:30pm Felt crafts - CG 6:15pm 1:1 Friendly Visits - MM 7:15pm 1:1 Friendly Visits - WP	15 9:15am Name That Tune - MM 10:15am Exercise - WP 11:15am 1:1 Friendly Visits - 2nd floor 1:15pm Social Robots - WP 2:00pm Tree Lighting Ceremony: Kick Off the Holiday Season - FL 3:15pm Trivia-CG 4:00pm DementiAbiliy Book Club-WP 6:15pm Board games-2nd floor 6:15pm Spa Treatments - WP 7:00pm 1:1 Friendly Visits-2nd floor

CG = Centennial Gardens MM = Morningstar Mill WP = Woodend Park CR = Celebration Room FL = Front Lobby

Second Floor

November 2025

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
9:15am Ball Toss - MM 10:30am Church Service - CR 11:15am Tablet - WP 1:15pm Social Robots - WP 2:00pm Movie Matinee - CR 3:30pm Bracelet Making-WP 6:15pm Tablet-2nd floor 7:00pm 1:1 Friendly Visits	9:15am Christmas Craft - MM 10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:00pm 1:1 Friendly Visits - CG 3:30pm Tree Decorating - WP 4:30pm Origami Making - MM 6:15pm 1:1 Friendly Visits - MM 7:15pm 1:1 Friendly Visits - CG 7:15pm 1:1 Friendly Visits - WP	9:15am Community Crew Cards -CG 10:00am Group Exercise with Physio - WP 10:00am Chaplains Chat - CR 10:15am Social Robots - WP 11:15am Tree Decorating - MM 1:15pm Social Robots - WP 2:00pm Education Series: The Brown Homestead Presentation - CR 3:30pm Bowling-CR 6:00pm Hand Massage-2nd floor 1:1 Friendly Visits Chaplain on site.	9:15am 1:1 DementiAbility Based Program - MM 10:00am Group Exercise with Physio - CP 10:15am Ball Toss - WP 11:00am Rosary - CR 11:15am Social Robots - CG 1:15pm Social Robots - WP 3:15pm Manicures - CG 3:30pm Group Exercise with Physio - MM 6:30pm 1:1 DementiAbility Based Program-MM	10:00am Group Exercise with Physio - WP 10:15am DementiAbiliy Book Club - WP 11:15am Unscrambled Words - CG 1:15pm Social Robots - WP 2:00pm Entertainment by Pat Serre - CR Chaplain on site.	9:15am Spa Treatments - MM 10:00am Group Exercise with Physio - MM 10:15am Bean Bag Toss - CG 11:15am Social Robots - WP 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:15pm Ring toss-MM 3:30pm Group Exercise with Physio - CG 6:15pm Smartboard-WP 7:00pm Tablet movements-2nd floor	9:15am Balloon Toss MM 10:30am Gentle Chair Exercise - CG 11:15am Armchair Travel Sweden - WP 1:15pm Social Robots - WP 2:00pm Ice Cream Social - FL 3:00pm 1:1 Friendly Visits - CG 4:30pm Origami Making - WP 6:15pm 1:1 Friendly Visits - CG 7:15pm 1:1 Friendly Visits - WP
23	24	25	26	27	28	29
9:30am Brain and Word Games 10:30am Church Service - CR 11:30am Music Trivia - WP 1:15pm Social Robots - WP 1:45pm Movie Matinee - CR 2:00pm Card Games CG 3:00pm Pom Pom Crafts - WP 3:15pm BalLoon badminton-WP 4:30pm Ring Toss - MM 6:15pm 1:1 Friendly Visits - WP 6:15pm Card Games-CG 7:00pm 1:1 DementiAbility Based Program 7:15pm 1:1 Friendly Visits - CG	9:15am Bird Visits - MM 10:00am Group Exercise with Physio - CG 10:00am Pet Therapy 11:15am Balloon Badminton - CG 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:15pm Bracelet making-CG 6:15pm Manicures-MM 7:15pm 1:1 Friendly Visits-2nd floor Essity Skin Care Demonstrations 10am - 2pm. Sign Up with Recreation!	9:15am Social Robots - MM 10:00am Group Exercise with Physio - WP 10:00am Chaplains Chat - CR 10:15am Painting - WP 11:15am 1:1 DementiAbility Based Program - WP 2:00pm The Sunshine Singers Choir Performance - CR Chaplain on site.	9:15am Trivia - MM 10:00am Group Exercise with Physio - CP 10:15am DementiAbiliy Book Club - WP 11:00am St. Denis Communion/Mass - CR 11:15am 1:1 Friendly Visits - CG 11:30am Rosary - CR 2:00pm Tai Chi with George - CR 3:30pm Group Exercise with Physio - MM	9:15am Yoga Drumming - CG 10:00am Group Exercise with Physio - WP 10:15am 1:1 DementiAbility Based Program - WP 10:30am Sandwich Program - CG 11:15am 1:1 Friendly Visits - MM 1:15pm Social Robots - WP 2:00pm Birthday Celebration with Entertainment by Cameron Caton - CR 6:15pm Card games-CG 7:30pm Ball Toss-WP Chaplain on site.	9:15am Music Trivia - MM 10:00am Group Exercise with Physio - MM 10:30am Card Games - WP 1:15pm Social Robots - WP 2:00pm Bingo - CR 3:15pm Music & Movement-CG 3:30pm Origami Making - CG 3:30pm Group Exercise with Physio - CG 3:30pm Indoor Strolls - CG 4:30pm DementiAbiliy Book Club - MM 6:15pm Indoor Strolls-MM 6:15pm Fancy Nails - CG 7:00pm 1:1 Board games-2nd floor 7:15pm 1:1 Friendly Visits - WP	1:15pm Social Robots - WP 2:00pm Hot Chocolate Bar - FL 3:15pm Ball toss-MM 6:15pm Dementiability Book Club-CG 6:15pm Spa Treatments - WP 7:10pm 1:1 Friendly Visits-2nd floor
30						
10:30am Church Service - CR 1:15pm Social Robots - WP 2:00pm Bocce Ball - CR 2:00pm Bean bag toss-CG 3:15pm Jeopardy labs Trivia-WP 6:15pm 1:1 Friendly Visits-MM 7:00pm 1:1 Friendly Visits-CG The Giving Tree Ends: Thank You for Supporting Community Care!						

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