

First Floor

November 2025

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:15am Trivia - LP 10:30am Gentle Exercise - LK 11:30am Social Robots - LP 2:00pm Apple Cider Social - FL 3:15pm 1:1 Friendly Visits - LK 3:45pm 1:1 DementiAbility Kits - MP 4:00pm Book Club - LP 4:30pm Social Robots - MP 6:15pm Hand Massages - MP 7:00pm 1:1 Friendly Visits - LK/LP 7:00pm 1:1 Friendly Visits - MP The Giving Tree Begins: Help Support Community Care
2 9:15am Indoor Strolls - MP 9:30am Word Games - LK 10:30am Church Service - CR 11:15am Balloon Badminton - MP 11:30am 1:1 Friendly Visits - LK/LP 1:45pm Poppy Craft - MP 2:00pm Poppy Craft - LP 2:00pm Poppy Craft - LK 3:00pm 1:1 Friendly Visits - MP 3:00pm Manicures - LK 3:15pm Social Robots - MP 3:30pm Seated Exercise - LP 6:15pm 1:1 DementiAbility Kits - LK 7:15pm 1:1 Friendly Visits - LP Daylight Savings Time Ends	3 9:00am Bread Making - LP 10:00am Group Exercise with Physio - LK 11:15am Word Search - LK 2:00pm Bingo - CR 3:30pm Bean Bag Toss-MP Social Robots-MP 6:15pm Spa Treatments-MP 7:00pm America's Got Talent-MP	4 10:00am Group Exercise with Physio - MP 10:00am Meet and Greet with Chaplain Heather - CR 10:15am Community Crew Cards - LP 11:15am Hand Massages - LK 2:00pm Candy Treat Cart - 1st Floor 3:00pm 1:1 Visits - LP Chaplain on site.	5 9:00am 1:1 Visits - LP 10:00am Drumming with Yo - CR 10:00am Group Exercise with Physio - LP 11:00am Rosary - CR 3:15pm Poppy crafts-LK 3:30pm Group Exercise with Physio - LK 4:15pm Poppy crafts-LP 6:15pm 1:1 Friendly Visits-LP 7:15pm 1:1 Friendly Visits-LK	6 10:00am Ring Toss - LP 10:00am Group Exercise with Physio - MP 10:00am Resident Council - CR 10:45am Food Council - CR 11:15am Cards - LK 2:00pm Community Crew Cards - MP 2:00pm Board Games & Cards Social - CR 3:30pm Social Robots - MP 4:00pm DementiAbiliy Book Club - MP 6:15pm Spa Treatments - MP 7:00pm 1:1 Friendly Visits - MP Chaplain on site.	7 9:15am Sports Trivia - LK 10:00am Group Exercise with Physio - LP 11:15am Sport Jokes - LP 2:00pm Bingo - CR 3:15pm 1:1 Friendly Visits - LP/LK 4:00pm Book Club - LK 6:15pm 1:1 DementiAbility Kits - LP 7:15pm 1:1 Friendly Visits - LK National Jersey Day. Wear Your Favourite Team Attire!	8 10:00am Crafts - LK 11:15am Spa Treatments - LP 2:00pm Ice Cream Social - FL 3:00pm 1:1 Visits - LP
9 9:00am 1:1 Visits - LP 10:00am Word Search - LK 10:30am Church Service - CR 1:45pm Movie Matinee - CR	10 9:15am Bean Bag Tic Tac Toe - LP 9:30am Exercise - MP 10:00am Hangman - LK 10:00am Group Exercise with Physio - LK 10:30am Remembrance Day Jeopardy - MP 11:00am Social Robots - LK 11:15am Sing-A-Long - MP 11:30am Social Robots - MP 2:00pm Bingo - CR 3:15pm 1:1 Friendly Visits - LP 3:30pm Community Crew Cards - LK 6:15pm 1:1 DementiAbility Kits - LK/LP 7:15pm 1:1 Friendly Visits - LP	11 9:00am 1:1 Visits - LP 10:00am Group Exercise with Physio - MP 10:30am Remembrance Day Service - CR 2:00pm Entertainment with Brad Boland - CR Remembrance Day Chaplain on site.	12 9:00am Bread Making - LK 10:00am Group Exercise with Physio - LP 10:00am Anglican Church Service - CR 11:00am Rosary - CR 2:00pm Tai Chi with George - CR 3:30pm Group Exercise with Physio - LK	13 10:00am Group Exercise with Physio - MP Chaplain on site.	14 10:00am Group Exercise with Physio - LP 10:00am Pet Therapy 2:00pm Bingo - CR	15 9:00am Ball Toss - LP 10:00am Tree Decorating - LK 11:30am 1:1 Friendly Visits - LP 2:00pm Tree Lighting Ceremony: Kick Off the Holiday Season - FL 3:15pm Name That Tune - LK 3:30pm Community Crew Cards - LP 3:30pm Tree Decorating - MP 4:30pm Social Robots-MP 6:15pm Hand Massage-MP 7:00pm 1:1 Friendly Visits - LK/LP 7:00pm 1:1 Friendly Visits - MP

LP = Lancaster Park. LK = Lakeside Park. CR = Celebration Room. FL = Front Lobby.

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Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
9:15am Jokes & Riddles - LK 9:15am Indoor Strolls-MP 10:30am Church Service - CR 11:15am Ring Toss - MP 11:30am Name That Tune - LP 2:00pm 1:1 Friendly Visits-MP 2:00pm Movie Matinee - CR 3:00pm Social Robots-MP 3:15pm 1:1 Friendly Visits - LK/LP 6:15pm 1:1 Friendly Visits - LK 7:00pm 1:1 Friendly Visits - LP	10:00am Group Exercise with Physio - LK 2:00pm Bingo - CR	9:00am Spa Treatments - LP 10:00am Group Exercise with Physio - MP 10:00am Chaplains Chat - CR 11:15am Community Crew Cards - LK 11:15am Tree Decorating - LP 2:00pm Education Series: The Brown Homestead Presentation - CR Chaplain on site.	9:00am Unscrambled Words - LK 10:00am Group Exercise with Physio - LP 10:00am Hand Massages - LP 11:00am Rosary - CR 3:30pm Group Exercise with Physio - LK	9:00am DementiAbility Book Club - LP 10:00am Group Exercise with Physio - MP 10:00am Outing: Scenic Drive 10:15am Spa Treatments - LK 2:00pm Entertainment by Pat Serre - CR 3:30pm Balloon Badminton-MP 4:30pm Social Robots-MP 6:15pm American Got Talent-MP 7:00pm 1:1 Friendly Visits-MP Chaplain on site.	9:15am Gentle Exercise - LK 10:00am Group Exercise with Physio - LP 10:00am Pet Therapy 11:15am Social Robots - LP 2:00pm Bingo - CR 3:15pm Jokes & Riddles - LP 3:30pm Balloon Tic Tac Toe - LK 6:15pm 1:1 Friendly Visits - LP 7:00pm 1:1 Friendly Visits - LK	10:00am Cookie Cart - LP 11:15am Cookie Cart - LK 2:00pm Ice Cream Social - FL
23	24	25	26	27	28	29
9:00am 1:1 Visits - LK 10:30am Church Service - CR 1:45pm Movie Matinee - CR	9:15am Word Searches - LK 9:30am Seated Gentle Exercise-MP 10:00am Hidden in Plain Sight - LP 10:00am Group Exercise with Physio - LK 10:15am Trivia-MP 11:00am 1:1 Friendly Visits - LK/LP 11:15am Sing-A-Long-MP 2:00pm Bingo - CR 3:15pm Social Robots - LK 3:30pm Social Robots-MP Essity Skin Care Demonstrations 10am - 2pm. Sign Up with Recreation!	9:15am Social Robots - LP 10:00am DementiAbility Book Club - LK 10:00am Group Exercise with Physio - MP 10:00am Chaplains Chat - CR 11:15am Sorting - LP 2:00pm The Sunshine Singers Choir Performance - CR Chaplain on site.	10:00am Cards - LK 10:00am Group Exercise with Physio - LP 11:00am St. Denis Communion/Mass - CR 11:30am Rosary - CR 2:00pm Tai Chi with George - CR 3:30pm Group Exercise with Physio - LK	10:00am Balloon Badminton - LK 10:00am Group Exercise with Physio - MP 11:15am 1:1 Visits - LP 2:00pm Birthday Celebration with Entertainment by Cameron Caton - CR Chaplain on site.	10:00am Group Exercise with Physio - LP 10:00am Pet Therapy 2:00pm Bingo - CR	9:00am Balloon Badminton - LP 10:00am Hidden in Plain Sight - LK 11:00am Social Robots - LP 2:00pm Hot Chocolate Bar - FL 3:15pm 1:1 Friendly Visits - LK 3:30pm Balloon Badminton-MP 3:45pm Balloon Tic Tac Toe - LP 4:30pm Social Robots-MP 6:15pm Spa Treatments-MP 7:00pm 1:1 Friendly Visits - LK/LP 7:00pm 1:1 Friendly Visits-MP
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9:00am Gentle Exercise - LP 9:30am Ball Toss-MP 10:30am Church Service - CR 11:30am 1:1 Friendly Visits - LK/LP 1:15pm Social Robots-MP 2:00pm 1:1 DementiAbility Kits-MP 2:00pm Bocce Ball - CR 3:15pm Indoor Strolls-MP 3:15pm Social Robots - LK 6:15pm 1:1 DementiAbility Kits - LK 7:15pm 1:1 Friendly Visits - LP The Giving Tree Ends: Thank You for Supporting Community Care!						

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