

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>10:30 Morning Stretches – MM 11:15 Look at the Month – WP 2:00 Look at the Month – MM 3:15 Outdoor Strolls – CG 4:15 Outdoor Strolls – WP</p> <p>May Day</p> | <p>10:00 Mother's Day Centre Pieces – WP 11:00 Name That Song – MM 1:45 Kung Fu – CG 3:00 Neighbourhood Visits – WP</p> | <p>10:00 Bread Making – CG 11:15 Art Pages – MM 1:30 Outdoor Strolls – CG 1:30 Art Pages – WP 2:30 Name That Song – WP</p> | <p><u>10:15 PROGRAM COMMITTEE MEETING</u> <u>11:30 OUTING TO BETTY'S FOR LUNCH</u></p> | <p>10:15 Chair Exercises – MM 11:15 Hockey Soccer – CG 1:15 Spa Treatments – WP <u>2:30 TRAVELLING CINCO DE MAYO CART</u> 4:15 You Be The Judge – WP 6:15 Yahtzee – WP 7:00 Neighbourhood Visits – WP</p> <p>Cinco de Mayo</p> | <p>10:15 Craft – CG 11:15 Tee and Hammer – WP 2:00 Popcorn 2nd Floor 3:15 Neighbourhood Visits – MM</p> | <p>10:15 Bread Making – CG 11:15 Craft – MM 1:45 Outdoor Strolls – WP 3:00 Outdoor Strolls – CG</p> |
| <p>10:15 Cookie Cart – CG 11:15 Outdoor Strolls – MM</p> <p><u>2:15 MOTHER'S DAY TRAVELLING CART</u></p> <p>Mother's Day</p> | <p>1:30 Outdoor Strolls – CG 3:00 Word Game – MM 4:15 Lacing and Tracing – WP 6:15 Puzzles – MM 7:00 Neighbourhood Visits – CG</p> | <p>10:15 Cookie Cart – CG 11:15 Tee and Hammer – MM 1:15 Art Pages – WP 2:00 BINGO – CR 3:00 Spa Treatments – CG 4:00 You be the Judge – WP 6:15 Screen Time – WP 7:00 Neighbourhood Visits – WP</p> | <p>10:15 Spa Treatment – MM 11:15 Screen Time – CG 2:00 Word Search – MM 3:15 Hand Massages – CG 4:15 Lacing and Tracing – WP 6:15 Puzzles – WP 7:00 Neighbourhood Visits – WP</p> | <p>10:15 Cookie Cart – WP 11:15 Sensory Smell – MM 1:30 Spa Treatments – WP 2:00 Dot to Dot – CG 3:00 Lacing and Tracing – WP 3:15 Puzzles – MM 4:15 Ring Toss – WP</p> | <p>10:15 Matching – WP 11:15 Balloon Tennis – MM 2:00 Ice Cream 2nd Floor 4:00 You Be The Judge – CG 5:00 Neighbourhood Visits – MM</p> | <p>10:00 Morning Stretches – WP 10:15 Dominoes – MM 10:45 Yahtzee – WP 11:15 Hand Massages – CG 1:45 Sensory Smell – MM 1:45 Unscramble Words – WP 3:00 Find it – CG 3:00 Ring Toss – WP 4:15 Outdoor Strolls – WP</p> |
| <p>10:00 Mail Delivery – MM/WP/CG 10:45 Spa Treatments – WP 1:45 Mad Libs – MM 3:00 Bean Bag Toss – CG 4:15 Art Pages – WP</p> | <p>10:00 Continue the Story – CG 11:00 Matching – MM 1:45 Let's Get Outside! – WP 3:00 Balloon Tennis – CG</p> | <p>10:15 Outdoor Strolls – WP 11:15 Art Pages – MM 1:45 Magnetics – CG 3:00 Bead Sequence – MM</p> | <p>10:15 Spa Treatments – MM 11:15 Ball Toss – CG 2:00 Washer Toss – CG 3:15 Outdoor Strolls – MM 4:15 Continue The Story – WP 6:15 Let's Get Outside! – WP 7:00 Neighbourhood Visits – WP</p> | <p>10:15 Cookie Cart – MM 11:15 Trivia – CG 1:15 Mini Putt – WP 2:15 Washer Toss – CG 2:15 Continue The Story – WP 3:00 Let's Get Outside! – WP 3:00 Art Pages – MM 4:15 Balloon Tennis – WP 6:15 Yahtzee – WP 7:00 Screen Time – WP</p> | <p>10:15 Spa Treatment – CG 11:15 Outdoor Strolls – MM 2:00 Popcorn 2nd Floor 3:00 Neighbourhood Visits – WP</p> | <p><u>9:30 – 11:30 Travelling Minstrel with Rebecca</u> 10:15 Yahtzee – MM 11:15 Word Game – CG 2:00 Find it – MM 3:15 Screen Time – WP</p> <p>Armed Forces Day</p> |
| <p>10:15 Bead Sequence – CG 11:15 Word Game – MM 2:00 Meditation – WP 3:15 Neighbourhood Visits – CG</p> | <p>1:30 Magnetics – MM 3:00 Outdoor Strolls – CG 4:15 Hand Massages – MM 6:15 Neighbourhood Visits – WP</p> <p>Victoria Day (Canada)</p> | <p>10:15 Bread Making – CG 11:15 Art Pages – MM 1:30 Outdoor Strolls – MM 1:15 You be the Judge – WP 2:00 Screen Time – CG 2:15 Matching – WP 3:00 Arts & Crafts – WP 3:00 Spa Treatments – MM 4:15 Seated Tai Chi – WP 4:15</p> | <p>10:15 Art Class – MM 11:15 Outdoor Strolls – CG 2:00 Hand Massages – MM 3:15 Neighbourhood Visits – CG 4:15 Lacing and Tracing – WP 6:15 Puzzles – WP 7:00 Neighbourhood Visits – WP</p> | <p>10:15 Art Class – CG 11:15 Dot to Dot – MM 1:30 Chair Exercises – WP 2:00 Ball Toss – CG 2:45 Lacing and Tracing – WP 3:15 Ring Toss – MM 4:00 Hang Man – WP</p> | <p>10:15 Morning Yoga – MM 11:15 Matching – CG 2:00 Ice Cream 2nd Floor 4:00 Seated Tai Chi – CG 5:00 Neighbourhood Visits – WP</p> | <p>10:15 Concentration – MM 10:00 Morning Stretches – WP 11:15 Hand Massages – CG 11:00 Word Searches – WP 1:45 Unscrambled Words – MM 1:45 Outdoor Strolls – WP 3:00 Neighbourhood Visits – CG 3:00 Ring Toss – WP 4:15 Neighbourhood Visits – WP</p> |
| <p>10:15 Daily Chronicles – MM 10:00 You be the Judge – WP 11:15 Art Pages – CG 11:00 Spa Treatments – WP 1:45 Monthly Gazette – MM 1:45 Yahtzee – WP 3:00 Hand Massages – CG 3:00 Concentration – WP 4:15 Mail Delivery – MM/WP/CG</p> | <p>10:00 Morning Yoga – WP 11:00 Neighbourhood Visits – CG 1:45 Seated Tai Chi – WP 3:00 Arts & Crafts – MM</p> <p>Memorial Day</p> | <p>10:15 Air Hockey – MM 11:15 Screen Time – CG 1:30 Lacing and Tracing – WP 1:30 Cards – MM 3:00 Spa Treatments – WP 3:00 Outdoor Strolls – CG 4:15 Neighbourhood Visits – WP</p> | <p>CG – CENTENNIAL GARDENS MM – MORNINGSTAR MILL WP – WOODEND PARK CR – CELEBRATION ROOM</p> | | | |

May 2022

2ND FLOOR

PLEASE NOTE: Programs subject to change