#### April 2024





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#### Executive Director News By: Rae Ajayi

Happy Spring and new month from Henley Place. We are every excited for the warm weather that is ahead and the opportunity to get outside.

During the last two months we have had many new admissions. I would like to take this opportunity to welcome all the new residents and their families to the Henley Place Family. We are pleased to have you choose Henley Place for your Long-Term Care experience and hope we can make your stay with us full of comfort, laughter and contentment. Just a reminder that when bringing in any items of clothing, small personal possessions or blankets, they need to be marked by the Home with the resident's name so that it can decrease the risk of items being misplaced. We also ask that any furniture be delivered during normal business hours (9:00 am - 5:00 pm) so that it can be assessed by our environmental services department prior to being placed in the resident's room. This is both a safety and infection control prevention action. We thank you in advance for your cooperation in this matter.

Soon the weather will be trying to reach positive double digits! I have been asked when the walkway around the home will be opened. We are hoping to have the gates open some time in May (depending on the weather) for residents to enjoy the outdoors on the warmer days. The landscaping company will be starting the spring clean-up in the gardens and starting to freshen up the yards near the end of April as well.

I also want to remind everyone about our Family Council meeting on April 16<sup>th</sup> at 2:00 pm. Family Council is still recruiting new members so if you are interested, please stop by and get some more information and find out if Family Council is something you can commit to.

In the last few months, Henley Place has add many new managers and I would like to take a moment to introduce you to our Management Team.

Rae Ajayi – Executive Director Marie De Castro – Associate Director of Care 3<sup>rd</sup> floor Amy McLean – Associate Director or Care 2<sup>nd</sup> floor Jemy Joseph – Associate Director of Care 1<sup>st</sup> floor Amie Young - Associate Director of Care (currently on Leave) Vimla Hare – Business Manager Dianne Kelly – Interim Food and Nutrition Manager Ashley Henry – Resident Service Coordinator Melaine Spicer - Life Enrichment Manager Brianna Bennie – Infection Control Manager Kelly Burnard - BSO/RAI Lead

In the coming weeks you will start to see "meet our team" posters around the Home so you can put a face to the names above and how to contact us if needed.

Thank you, Rae Ajayi Executive Director

## **RESIDENTS' BILL OF RIGHTS**

Every licensee of a long-term care home shall ensure that the following rights of residents are fully respected and promoted:

#### RIGHT TO AN OPTIMAL QUALITY OF LIFE con't:

- 12. Every resident has the right to be given access to protected outdoor areas in order to enjoy outdoor activity unless the physical setting makes this impossible.
- 13. Every resident has the right to keep and display personal possessions, pictures and furnishings in their room subject to safety requirements and the rights of other residents.
- 14. Every resident has the right to manage their own financial affairs unless the resident lacks the legal capacity to do so.
- 15. Every resident has the right to exercise the rights of a citizen.



#### Life Enrichment News By: Melanie Spicer

April is a time to celebrate and acknowledge our Volunteers at Henley Place. Henley Place has many helpful, kind and thoughtful volunteers. This month we thank our volunteers for all that they do for our residents and the support they offer to our staff! We will be celebrating with Volunteer Appreciation Day on Tuesday, April 9th.

If you see a volunteer please be sure to thank them for their time and dedication to our residents and staff at Henley Place!

# THANK YOU Volunteers! We couldn't do it without you

Henley Place is looking for caring and compassionate volunteers to join our team.

If you or someone you know is interested in volunteering with us please email Melanie Spicer, Life Enrichment Manager at <u>mspicer@primacareliving.com</u>

**Residents' Council News** 



The next Residents' Council Meeting is April 9th at 2:30pm in the Celebration Room. All residents are encouraged to attend!!

Our next meeting will be in person or virtual by email invite on **April 16th at 2:30pm** 

**Henley Place Family Council** 



## Pastoral Christmas Message By : David Waldner, Chaplain



Verse for April: "Where God's love is, there is no fear, because God's perfect love drives out fear." 1 John 4:18

Lutheran pastor and teacher, Dietrich Bonhoeffer, had a brilliant mind and a tender heart. He wrote several books on biblical reflections and others on engaging theological themes. He courageously spoke out against the Nazis when they came to power in Germany. Bonhoeffer was known for his staunch resistance to the Nazi dictatorship, including vocal opposition to Adolf Hitler's persecution of the weakest members in society, and for the genocidal persecution of the Jews.

After spending two years as a minister in a German-language church in London, England, he chose to return to his German homeland once it became clear that war would break out. He wrote, "I will have no right to be a part of the reconstruction of Germany after the war if I do not share in this time with my people."

He showed great courage, doing whatever he could to oppose evil and live out his faith. He wrote about and lived a life of "costly grace" - that is a life of discipleship and action. In August, 1936 his authorization to teach at the University of Berlin was revoked soon after he was denounced as an "enemy of the state." Even though he was banned from teaching and speaking in Germany, he began an "underground" seminary and traveled extensively, building bridges among Christian communities in Europe. During these travels, Bonhoeffer was a courier for the German resistance movement.

In 1944, Bonhoeffer was implicated in a plot to kill Adolph Hitler and was imprisoned. As the war was coming to an end, he was executed at the age of 39. That date, April 9, is commemorated in the Calendar of Saints of the Evangelical Lutheran Church in America and other denominations.

He wrote this short prayer and it is the prayer for April: "Lord God, give me such love for you and for others that it will blot out all hatred and bitterness."

Recommended reading by D. Bonhoeffer: <u>The Cost of Discipleship</u>, <u>Life Together</u>, <u>Letters and</u> <u>Papers from Prison</u> and <u>Ethics</u>.



## Happy Birthday to everyone celebrating this month! Fun Facts about April

#### Birthstone (Diamonds)

Diamonds have been a symbol of wealth and power for centuries, and their sturdiness has represented undying love since Roman times. In fact, Cupid's arrows are supposedly tipped with diamonds.

#### Flower (Daisy)

The daisy gets its name from the Old English phrase "day's eye." That's because of its appearance (round with a pupil-like center) and because daisies open at dawn as the day is just beginning. According to legend, the first daisy appeared when a young nymph turned herself into one to avoid unwanted praise and attention. Thus, the flower has come to symbolize modesty, chastity, and innocence. In ancient times, daisies were used as magical charms to heal wounds, gout, and fevers, remove warts, and change gray hair to black. Daisies are often referred to as "love's oracle" because of the tradition of pulling the petals off one-by-one and saying "he loves me" or "he loves me not" for each petal. So, if you're looking to find out if your true love loves you back, this is the way!

### Some famous people born during the month of April include:

Marlon Brando – Actor (April 3, 1924) Maya Angelou – Writer (April 4, 1928) Bette Davis – Actress (April 5, 1908) Colin Powell – General (April 5, 1937) Billie Holiday – Jazz Singer (April 7, 1915) James Garner – Actor (April 7, 1928) Peter Ustinov – Actor (April 16, 1921) Jack Nicholson – Actor (April 22, 1937) William Shakespeare – Writer (April 23, 1564) Ella Fitzgerald – Singer (April 25, 1917) Jay Leno – Talk Show Host (April 28, 1950)



### Happy Birthday to our residents celebrating this month:

Orma K– Apr 1	Chuck M– Apr 1	Mary K–Apr 1	Som T– Apr 1
Don S- Apr 5	Charlie K- Apr 5	Kathleen L- Apr 8	Jean S- Apr 11
Anita D– Apr 11	Mary P- Apr 17	Mary H- Apr 20	Nancy B– Apr 20
	Joe C–Apr 22	Ann D- Apr 24	Willie M- Apr 26

## **PEOPLE PLACES & EVENTS**



April



Bring May



Showers



Flowers



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