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# Executive Director News

By: Rae Ajayi

## HAPPY NEW MONTH HENLEY PLACE FAMILIES!!

I hope everyone was able to enjoy a wonderful Easter. We are looking forward to warmer weather ahead. The walkway around the building will be re-opened next week for residents and families to enjoy the spring weather. Please keep in mind there are benches placed around the walkway for rest times when needed.

It has been a busy first quarter of 2024 with many new members joining our Henley Place family. Welcome to all our new residents and families. I would like to take the opportunity to remind all residents and families of the importance of not leaving valuable or large amounts of money at the bedside. As discussed at admission and encouraged in the resident handbook, please utilize the option of setting up a trust account for residents for their own spending money when needed.

I am happy to announce that Henley Place received a 3 year accreditation with CARF. We are proud of our home of the work we are putting into move Henley Place forward for the betterment of our staff, residents and families.

During the month of April, the management team took time out to celebrate our staff and all they do for our home and residents with a staff appreciation taco bar!! It was a great day had by everyone.



I am excited to announce that Primacare has a New Vice-President who will be joining the Primacare family on May 13<sup>th</sup>, 2024. Nikls Chandrabalan comes to us with 25 years of experience in the senior housing sector. He is an experienced leader and forward-thinker who is committed to improving the quality of life for residents. We are excited to have him join our team.

My door is always open, so please stop by and say hello.

Executive Director,  
Rae Ajayi

## RESIDENTS' BILL OF RIGHTS

Every licensee of a long-term care home shall ensure that the following rights of residents are fully respected and promoted:

### RIGHT TO QUALITY CARE AND SELF-DETERMINATION

16. Every resident has the right to proper accommodation, nutrition, care and services consistent with their needs.
17. Every resident has the right to be told both who is responsible for and who is providing the resident's direct care.
18. Every resident has the right to be afforded privacy in treatment and in caring for their personal needs.



## Life Enrichment News

By: Melanie Spicer

### Thank you volunteers!

All of us here at Henley Place would like to take a minute and say “Thank You” to all our volunteers. To our Pet Therapy volunteers, Spiritual volunteers, students and all volunteers who assist with programs, at meal times and in the café, we can’t thank you enough for your time and dedication to our residents.



If you are interested in becoming a volunteer with us please reach out to Melanie Spicer, Life Enrichment Manager at [mspicer@primacareliving.com](mailto:mspicer@primacareliving.com)

Henley Place will also be participating in the Alzheimer’s Walk on May 25th. The Life Enrichment Department will be doing fundraisers over the next few weeks and a link will be emailed out to families to support our team if anyone is interested.



## Residents' Council News



The next Residents' Council Meeting is **May 14th at 2:30pm** in the Celebration Room. All residents are encouraged to attend!!

## Henley Place Family Council

Our next meeting will be in person or virtual by email invite on **May 14th at 6:30pm**



## Pastoral Message

By : David Waldner, Chaplain



“If I speak without love, I am a booming gong.” - 1 Corinthians 13:1. I consider the best time to visit London, England is in May when the temperatures are temperate and the city's parks are green and blooming. I've had the pleasure of walking across the Westminster Bridge toward the Houses of Parliament. I was able to see the clock tower and hear “Big Ben” chime out the hour. Here are some facts about “Ben Big.”

The name was applied first to the Great Bell. It may have been named after Sir Benjamin Hall, who oversaw its installation. Now Big Ben is often used, by extension, to refer to the clock, the tower and the bell.

The Great Bell weighs nearly 14 tonnes and was hung in 1858. It sounds the musical note ‘E’. It chimes every 15 minutes and has rung out largely uninterrupted for 157 years.

It is the most recognizable bell in the world. It can be heard at the start of the BBC News, and it is sometimes broadcast on the radio overseas. During the Second World War, when most of Europe was under occupation, broadcasts including “Big Ben” gave people hope. Being an iconic feature of London, a simple flash of the bell tower is enough to tell the viewer that the movie is meant to be set in the city of London.

Beginning on August 21, 2017, Big Ben's chimes fell silent for almost four years to allow essential restoration work to be carried out on the tower. The decision to silence the bells was made to protect the hearing of the workers in the tower. During the “silent years,” the striking and tolling of the bells still took place for important occasions, such as New Year's Eve and Remembrance Sunday.

When people across the world encounter ‘Big Ben’, they see it as a sign or symbol of many things - hope, freedom, what it means to be British or a political system of parliamentary democracy. Seeing or hearing “Big Ben” gives various messages to people.

I can ask what people might “see” and “hear” when they meet me. What are the “messages” that people pick up from me? What do people learn about me from the way I live, from the way I do things, and from my attitude?

Prayer for the month of May: Loving Lord, we need your Spirit in our lives to build on what is good, and to help change what needs to be changed. We pray that we may be faithful in responding to your call to grow as the people you have called us to be, that we may ring out your praises through the way we live each day. Amen



# Happy Birthday to everyone celebrating this month! Fun Facts about May



## Birthstone – Emerald

May’s gemstone is the emerald. Ranging in colour from brilliant lime hues to deep forest greens, the emerald has long been considered a symbol of hope and faith, especially in the Christian religion. The word emerald comes from the Greek word smaragdos , meaning “green.” It is the stone of the Roman goddess of love, Venus. Whatever the reason, emeralds are and will always be a symbol of everlasting love.

## Flower - Lily Of The Valley

The lily of the valley is a popular gardening flower with a heady perfume and white, bell shaped blossoms. Though the plant is highly poisonous, its beauty has made it a favourite for centuries. Its flowers are typically white or pink, and the plant also produces little red berries. In the Victorian era, lilies of the valley were very symbolic, representing a return to happiness or a pure heart. The flower is also said to protect gardens and guard them against the trespassing of evil spirits.

## Some famous people born during the month of May include:

- Sugar Ray Robinson (boxer) – May 3, 1921
- Sigmund Freud (psychoanalyst) – May 6, 1856
- Fred Astaire (entertainer) – May 10, 1899
- Katharine Hepburn (actress) – May 12, 1907
- George Lucas (filmmaker) – May 14, 1944
- Cher (singer) – May 20, 1946
- Patti LaBelle (singer) – May 24, 1944
- Sally Ride (astronaut) – May 26, 1951



## Happy Birthday to our residents celebrating this month:

Ruby B- May2	Marsha K- may 3	Vita S- May 5	Heddy G- May 7
Joe H- May 9	Marcie M- May 9	Doug B- May 11	Salam K- May 11
Romano P- May 14	Dorina P- May 15	Liz T- May 17	Joy H- May 18
John D- May 21	Barbara M- May 25	Maria C- May 26	Peter W- May 29

## PEOPLE PLACES & EVENTS



April



Showers



Bring May



Flowers



1961 Cedarhollow Blvd.  
London, ON  
N5X 0K2  
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