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Administrative News

Our dedicated staff including the management team continue to provide resident driven services and care to you and your loved ones.

Tracy Richardson - Vice President is no longer with Primacare Living Solutions. Niklas Chandrabalan will be assuming the VP role on May 13th. Niklas has decades of long-term care experience. We welcome him and wish him well.

I am very pleased to inform you that Burton Manor has received a 3-year accreditation by CARF. This is a great news! It demonstrates that our Home meets international standards in providing quality care to our residents.

I'm also happy to share the news that 5 PSWs are now working in each home area, both during the day and evening shift. This has made tremendous difference in the lives of our residents.

The leadership team continues to be proactive in our approach to ensure everyone is safe and well.

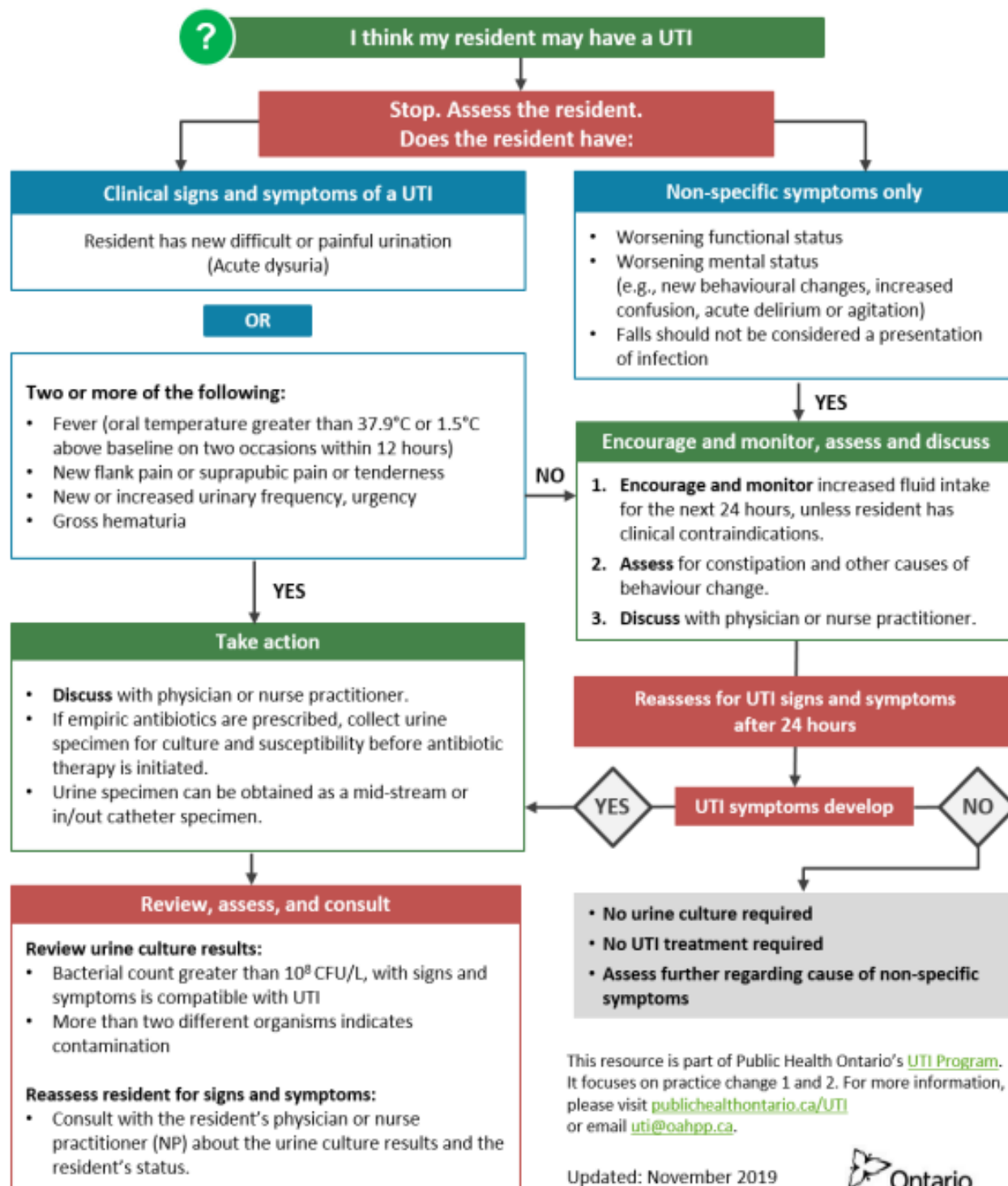
On behalf of the entire Burton Manor team, we thank you for your cooperation and we continue to ask that you stay healthy and safe.

B.Swamy,

Executive Director



Urinary Tract Infection (UTI) Program: When to obtain urine cultures in medically stable non-catheterized residents



This resource is part of Public Health Ontario's [UTI Program](#). It focuses on practice change 1 and 2. For more information, please visit publichealthontario.ca/UTI or email uti@oahpp.ca.

Updated: November 2019

Nutrition News

Hydration in Long-Term Care



Hydration - The process of providing an adequate amount of fluids to body tissues. Nutrition and hydration aim to improve and maintain each resident's functional ability and quality of life.

Hydration Status - Refers to body fluid levels and the status of the fluid-electrolyte balance in our bodies.

Facts about Fluids - Water is the base ingredient for most beverages. Plain water is a favourite fluid for many adults, not only to quench thirst but also as an essential nutrient for the body. Water is the most abundant compound in the human body. It is vital for normal body functions such as digestion, absorption, circulation, and excretion. Water also serves as building material for growth and repairs of the human body. Substances containing water act as lubricants around the bones and joints. Water plays a very important role in maintaining normal body temperature.

Changes with Aging - As we age the percentage of water in our body decreases. The very old are not able make up for these body water changes as easily and are at a greater risk for dehydration - a condition that occurs when the body does not have enough water to carry out normal body functions.

Adequate Fluid Intake - How much is adequate varies between males and females and age range. Many types of foods contains a substantial amount of water. It is estimated that approximately 20% of our fluids needs is met from foods. To increase daily water intake, be creative. Try flavoured water, tea blends, juices, flavoured hot or cold beverages. Remember that fruits and vegetables have a high water content. So consider soups, fruit slushes, sherbets, fruit bars and sorbets.

Goals - We monitor residents' daily nutrition and hydration to ensure their needs are consistently met. We also ensure best practices related to meal production, menu and snack planning as well as meal services.

Residents' Council Meeting: Wednesday, May 22nd @ 10:30am (CR)

Food Council Meeting: Wednesday, May 22nd @ 11:00am (CR)

Family Council Meeting: TBA

Monthly Feature

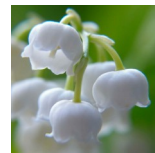
Birthstone: Emerald gemstones were mined in Egypt as early as 330 BC, but some estimate that the oldest emeralds are 2.97 billion years old. Cleopatra is perhaps the most famous historical figure to cherish emerald gemstones. She even claimed ownership of all emerald mines in Egypt during her reign.



The Egyptians used emeralds both in jewelry and in their elaborate burials, often burying emerald stones with monarchs as symbols of protection. On the other side of the world, the Muzo Indians of Colombia had well-hidden and prized emerald mines. These mines were so hidden, it took the Spanish conquistadors nearly twenty years to find them.

Today, the emerald is a symbol of loyalty, new beginnings, peace, and security, making it not only a beautiful gem to wear, but also a meaningful jewelry gift to be treasured by the receiver. It is still widely prized by the rich and famous, with Elizabeth Taylor's famous emerald pendant selling for \$6.5 million in 2011.

Flower: As with most birth flowers, Lily of the Valley carries different meanings and serves as a symbol for many things. Perhaps the most common association with these flowers is their recognition as a symbol of romance. Several decades ago, men in France presented these fragrant flowers to their significant others in bouquets to express their affection in a tradition known as La Fête du Muguet.



Happy Birthday Wishes to:

Elio P—May 2nd
Ilda C—May 5th
Sho T—May 6th
Alva M—May 10th
Maria F—May 10th
Mohnder K—May 15h
Gisela S—May 21st
Henrique P—May 29th
Joy M—May 31st
Landis Y—May 31st



Famous People in History who have a birthday in May:

David Beckham—May 2nd
Audrey Hepburn—May 4th
Stevie Wonder— May 13th
Malcom X—May 19th
Plato—May 21st
Queen Victoria—May 24th
John F. Kennedy—May 29th
Clint Eastwood—May 31st

Monthly Feature

Special Events & Outings

Sir William Gage Middle School "String Ensemble" Wednesday, May 1st @ 9:30am (CR)
Musical Entertainment with James Cormier—Monday, May 6th @ 2:00pm (CR)
5th Avenue Jewelry Vendor—Tuesday, May 7th @ 9:00am– 1:00pm (ML)
Happy Hour with Ryan—Thursday, May 9th @ 2:00pm (CR)
South Asian Social—Friday, May 10th @ 2:00pm (CR)
Mother's Day Brunch—Sunday, May 12th @ 12:30pm (CR) **Sign up Required
Sing a Long with Karen—Monday, May 13th @ 2:00pm (CR)
Visits with the Grade 5's—Tuesday, May 14th @ 10:30am (CR)
Happy Hour with Cameron Caton—Thursday, May 16th @ 2:00pm (CR)
Victoria Day Celebration with Manvir—Monday, May 20th @ 2:00pm (CR)
Visits with the Grade 5's—Tuesday, May 21st @ 10:30am (CR)
Happy Hour with James Regan—Thursday, May 23rd @ 2:00pm (CR)
Men's Afternoon—Friday, May 24th @ 2:00pm (GR)
Sing a Long with Karen—Monday, May 27th @ 2:00pm (CR)
Birthday Party with Linda & Denis—Thursday, May 30th @ 2:00pm (CR)

Spiritual Programming

Church Service with Samuel - Sunday's @ 10:30am (CR)
Catholic Communion Visits - Tuesday's @ 6:30pm (1:1 visits)
Catholic Communion Service - Wednesday, May 8th @ 10:15am (CR)
Portuguese Communion Service - Friday, May 17th @ 10:30am (CR)

Music Therapy with Yolanda

Tues. May 7th—10:30am (CR)
Tues. May 14th—1:1 Music Therapy
Tues. May 21st—1:1 Music Therapy

Outing to Montana's

Wed. May 15th
11:30am—2:30pm
*Sign up required



Diner's Club

"Subway"
Wed. May 29th
12:30pm (CR)
*Sign up required





Residents' Rights

12. Going Outside

“Every resident has the right to be given access to protected outdoor areas in order to enjoy outdoor activity unless the physical setting makes this impossible.”

In other words: You have the right to use the home’s protected outdoor areas to enjoy nature, fresh air, and outdoor activities.

13. Personal Possessions

“Every resident has the right to keep and display personal possessions, pictures and furnishings in their room subject to safety requirements and the rights of other residents.”

In other words: You have the right to keep personal things in your room.

This is your home. You can choose what to have in your room as long as it does not affect the safety or rights of other people in the home.

For example, you might want pictures of your family, some of your own furniture, or your computer or television. Having these things can help you feel more comfortable.

Residents'
Rights

PEOPLE PLACES & EVENTS



Easter Social



South Asian Social



Portuguese Communion Service



Intergenerational Programming